

PROGRAM 8TH - 9TH AUGUST



ANZHS HEADACHE
ANNUAL SCIENTIFIC
MEETING 2026

KEYNOTE SPEAKER



Prof Rebecca Wells

Day 1 Saturday 8th August

0730-0830	1 hour	Yoga – Hardware Lane Room, Citadines on Bourke	Instructor: Bronwyn Jenkins
Session 1 0900-1030 Session Chair: Bronwyn Jenkins			
0900-0905	5 min	Opening of session and welcome	Chair
0905-0935	30 min	Mindfulness and wholistic care of the person with migraine	Rebecca Wells
0935-0955	20 min	Cognitive considerations in migraine	Amy Brodtmann
0955-1015	20 min	Headache following concussion with prolonged persisting symptoms	Rose Acher
1015-1035	20 min	Expert panel discussion for Q&A	
1035-1055	20 min	Morning Tea	

Session 2 1055-1230			
1055-1100	5 min	Opening	Chair
1100-1125	25 min	The “other” TACs and New Daily Persistent Headache	Usman Ashraf
1125-1145	20 min	Sleep & Headache Disorders	Andrew Kyoong
1145-1205	20 min	Physiotherapist’s approach to headache	Alastair Flett
1205-1230	25 min	Expert panel discussion for Q&A	
1230-1320	50 min	Lunch & Poster Walk	



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Session 3 1330-1545			
Primary Care Stream			
1330-1335	5 min	Opening & introductions	Anita Muñoz
1335-1400	25 min	Approach to Headache Management	Richard Stark
1400-1425	25 min	Migraine in midlife (menstrually associated migraine & peri menopause)	Lucie Aldous
1425-1450	25 min	Managing medication overuse headache in primary care	Christina Sun-Edelstein
1450-1515	25 min	Panel discussion and Q&A	
1515-1545	30 min	Interactive cases	
Research Update Stream			
1330-1335	5 min	Opening	
1335-1415	40 min	Beyond CGRP Current concepts in pain pathophysiology	Amit Ganguly
1415-1425	10 min	Expert panel for Q&A	
1425-1435	10 min	Tips on becoming a clinician researcher	Rebecca Wells
1435-1545	70 min	Oral Platforms	
1545-1610	25 min	Afternoon Tea	
1610-1725	75 min	Small group case discussions	
1725-1830	65 min	Networking and drinks	

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Day 2 Sunday 9th August

0730-0830	60 min	Satellite Breakfast	Platinum Sponsor
Session 5: 0845-1015			
0845-0850	5 min	Opening	Chair
0850-0910	20 min	Approach to migraine in pregnancy and lactation	Rebecca Wells
0910-0930	20 min	Menstrual disorders in the Headache Clinic	Alison Bryant-Smith
0930-0950	20 min	Approach to headache in Children and Adolescents	Kate Irving
0950-1015	25 min	Expert panel discussion for Q&A	
1015-1035	20 min	Morning Tea	
Session 6: 1035-1225			
1035-1040	5 min	Opening	Chair
1040-1055	15 min	IHS Guideline update: Management on migraine in Emergency Departments	Lauren Sanders
1055-1120	25 min	Update in Headache Genetic Research	Rebecca Wells
1120-1150	30 min	Interactive Grand Rounds	
1150-1215	25 min	10 years of ANZHS ASM	
1215-1220	5 min	Presentation of awards	
1220-1225	5 min	Closing & thank You	
1225-1300	35 min	Lunch and Injecting workshop set up	
1300-1400	60 min	Injecting Workshop	