

# PROGRAM 8TH - 9TH AUGUST



ANZHS HEADACHE  
ANNUAL SCIENTIFIC  
MEETING 2026

KEYNOTE SPEAKER



Prof Rebecca Wells

Day 1 Saturday 8<sup>th</sup> August

0730-0830

1 hour Yoga – Hardware Lane Room, Citadines on Bourke

Instructor:

Bronwyn Jenkins

Session 1 0900-1030 (Chair: Bronwyn Jenkins)

0900-0905	5 min	Opening of session and welcome	Chair
0905-0935	30 min	Mindfulness and wholistic care of the person with migraine	Rebecca Wells
0935-0955	20 min	Cognitive considerations in migraine	Amy Brodtmann
0955-1015	20 min	Headache following concussion with prolonged persisting symptoms	Rose Acher
1015-1035	20 min	Expert panel discussion for Q&A	

1035-1055

20 min Morning Tea

Session 2 1055-1230

1055-1100	5 min	Opening	Chair
1100-1125	25 min	The "other" TACs and New Daily Persistent Headache	Usman Ashraf
1125-1145	20 min	Sleep & Headache Disorders	Andrew Kyoong
1145-1205	20 min	Physiotherapist's approach to headache	Alastair Flett
1205-1230	25 min	Expert panel discussion for Q&A	

1230-1320

50 min Lunch & Poster Walk

Session 3 1330-1545

Research Update Stream			Primary Care Stream			
1330-1335	5 min	Opening	1330-1335	5 min	Opening & introductions	Anita Muñoz
1335-1415	40 min	Beyond CGRP	1335-1400	25 min	Approach to Headache Management	Richard Stark
1415-1430	15 min	Expert panel for Q&A	1400-1425	25 min	Migraine in midlife (menstrually associated migraine & peri menopause)	Lucie Aldous
1430-1545	75 min	Oral Platforms	1425-1450	25 min	Managing medication overuse headache in primary care	Christina Sun-Edelstein
			1450-1515	25 min	panel discussion & Q&A	
			1515-1545	30 min	Interactive cases	

1545-1610

25 min Afternoon Tea

1610-1725

75 min Small group case discussions

1725-1830

65 min Networking and drinks

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## Day 2 Sunday 9<sup>th</sup> August

0730-0830	60 min	Satellite Breakfast	Platinum Sponsor
session 5: 0845-1015 Migraine & Women's Health			
0845-0850	5 min	Opening	Chair
0850-0910	20 min	Approach to migraine in pregnancy and lactation	Rebecca Wells
0910-0930	20 min	Menstrual disorders in the Headache Clinic	(TBC)
0930-0950	20 min	Approach to headache in Children and Adolescents	Kate Irving
0950-1015	25 min	Expert panel discussion for Q&A	
1015-1035	20 min	morning Tea	
Session 6: 1035-1225			
1035-1040	5 min	Opening	Chair
1040-1100	20 min	IHS Guideline update: Management on migraine in Emergency Departments	Lauren Sanders
1100-1110	10 min	Tips on becoming a clinician researcher	Rebecca Wells
1110-1145	25 min	Interactive Grand Rounds	
1145-1215	30 min	10 years of ANZHS ASM	
1215-1220	5 min	Presentation of awards	
1220-1225	5 min	Closing & thank yous	
1225-1300	35 min	Lunch and Injecting workshop set up	
1300-1400	60 min	Injecting Workshop	