

2023

Headache Masterclass for Primary Care

Saturday 25 March



Brought to you by The Australian and New Zealand Headache Society (ANZHS) in collaboration with Migraine & Headache Australia



Praxhub is a CPD education provider under the RACGP CPD Program | education@praxhub.com

Session 1

Assessing headache and migraine | 9am – 10.20am AEDT

TIME	TOPIC	PRESENTER
9:00	Masterclass opens	TBC
9:05	Case presentation: Part 1 – The new patient	Dr Anita Muñoz
9:10	My approach to the headache patient	A/Prof Richard Stark
9:30	Case presentation: Part 2 – Targeted history	Dr Anita Muñoz
9:35	Managing triggers in migraine	Dr Christina Sun-Edelstein
9:50	Panel Discussion	Session 1 panel

Morning Tea Break | 10:20–10:35am

Session 2

What else matters in migraine | 10.35am – 1pm AEDT

TIME	TOPIC	PRESENTER
10:35	Session one recap	TBC
10:40	Case presentation: Part 3 – Tools for practice	Dr Anita Muñoz
10:45	The bidirectional relationship of mood in migraine and headache disorders	Dr Mia Minen
11:00	The role of sleep in migraine	Dr Frank Cahill
11:15	TMJ disorders and their management	Dr Robert Delcanho
11:30	A physio’s approach to headache	Mr Evin Scanlon
11:45	Panel Discussion	Session 2 panel
12:15	Physio-led movement activity	Mr Evin Scanlon

Lunch Break | 12:20–1pm

All times are based on Australian Daylight Standard time.

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Session 3

Migraine Management | 1 – 3 pm AEDT

TIME	TOPIC	PRESENTER
1:00	Masterclass session 1 & 2 recap	TBC
1:05	Case presentation: Part 4 – OTC & rescue medications	Dr Anita Muñoz
1:10	Nutraceuticals and natural therapies	Dr Michael Eller
1:20	Medication Overuse Headache and Pain Management	A/Prof Carolyn Arnold
1:35	Practical tips for individualised migraine management	Dr Bronwyn Jenkins
1:55	Managing hormonal factors	Dr Catherine Stark
2:15	Panel Discussion	Session 3 panel

Afternoon Tea Break | 2:45 – 3pm

Session 4

Cases with a twist | 3 – 4:30pm AEDT

TIME	TOPIC	PRESENTER
3:00	Masterclass recap & Generating CPD hours for each category	TBC & Dr Anita Muñoz
3:05	Rare beasts: the trigeminal autonomic cephalalgias	Dr Calvin Chan
3:20	Under pressure: high and low CSF pressure headaches	Dr Shuli Cheng
3:35	Cases not to miss	Dr Jason Ray
3:50	Panel Discussion	Session 4 panel

Masterclass ends | 4:30pm

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